

KEEP SCREENINGS

Did you know that Diabetes places individuals at increased risk for kidney disease? KEEP, Kidney Early Evaluation Program is a health screening program designed to identify individuals with increased risk for kidney disease and to encourage them to pursue further evaluation and follow up with their physician.

Kidney failure is a major public health problem in the United States. The National Kidney Foundation is committed to educating the public about early detection, early intervention and the identification of underlying conditions that could lead to chronic kidney disease.

The KEEP program is free and takes less than 1 hour to complete the screening. KEEP screening participants will have their height and weight, and blood pressure checked. Medical professionals will collect blood and urine samples and a physician is on site

to review the results with the participants. The National Kidney Foundation will be conducting a KEEP PROGRAM IN March 2006 in conjunction with National Diabetes Awareness Month. Look for further details for the KEEP screening in the months ahead. Everyone is encouraged to attend the KEEP screening!

Individuals affected by kidney diseases are increasing by 6% to 8% a year!! The results of a KEEP screening held in Erie in June 2005 in our community revealed that 2% learned they may have diabetes, 26% learned they may have high blood pressure, and 72% learned they may have kidney disease.

FACT...

- Diabetes is the number one cause of Chronic Kidney Disease!
- 18 million Americans have diabetes and the number is expected to rise to 22 million by 2025!

Source: National Kidney Foundation

Thought For the Day

One thing's for sure:
If we keep doing what we're doing, we're going to keep getting what we're getting.

— Steven Covey,
First Things First Every Day

In Memory

ECDA wants to remember all individuals with Diabetes who have passed away. We have received memorial donations for the following individuals. We extend our deepest sympathy to their families and we sincerely thank all donors for their support.

June 20, 2005 – October 5, 2005

Albert Amendola
Josephine Pettie Cirillo
James R. Dailey
Andrew J. DiVecchio
Margaret Etter
Betty E. Fuller
Dominic Galle
Phyllis Hevner
Charles Kierzek
Bertha A. Kowalczyk
Edward G. Kuhn
Shawn Miller
Clifford L. Morehouse, Sr.
Myron Treter

Additional Annual Appeal Donations

In Memory of:

Eileen Farley
Virginia G. Klunph
Rosemary Raymond
David & Mary Smith

In Honor of:

David Antalek

Thank You

Annual Appeal, 2005
Started June 1, 2005
As of October 1, 2005
\$2358.00

If you have not yet given your support donation for 2005, please help ECDA by completing the enclosed support form as soon as possible.

In Touch with Diabetes
is published quarterly by the
Erie County Diabetes
Association, Inc.
110 West 10th Street, Suite 203
Erie, PA 16501
www.diabeteserie.org
(814) 454-0715

