

Ask the Diabetes Educator!

Stop in and discuss your questions regarding diabetes nutrition, exercise, medication management, carbohydrate counting and diabetes management technology.



Mary Yochim, RRT, RN, CDE, MS

First Saturday of the Month

1:00pm - 3:00pm

February 6 * March 6 * April 3

Diabetes Institute

at  Great Lakes
Home Healthcare Services

1700 Peach Street, Erie
(814) 877-6130
greatlakeshhs.com

Stop in & utilize this FREE
community service available to you!