

Diabetes Institute at Great Lakes Home Health Care
1700 Peach Street, Erie, PA 16501
Phone (814) 877-2123 Fax (814) 877-5260
www.greatlakeshhs.com



2010 Diabetes Support Group Meetings

January 11	Conversation Mapping for Myths & Facts of Diabetes	Shari Repoff, RN, BSN, CDE
February 8	International Flavors	Darlene Przybyszewski, RD, LDN, CDE
March 16	Come See Us at the Diabetes Expo at the Convention Center!	
April 12	Therapeutic Shoes "Why, Who & How"	Julie McLaughlin, COMF, C.Ped. Michele Wellman, COMF, C.Ped.
May 10	Vegetable Salads	Jill Brooks, RD, LDN, CDE
June 14	Diabetes & Sleep Apnea	Rebecca Clover, RRT
July 12	Healthy Habits - Managing Diabetes by Numbers	
August 9	Funky Foods	Mary Hohman, RD, LDN, CDE
September 13	Monitors & More	
October 11	Healthy Habits - Good Carbs, Better Carbs, Simple Counting	
November 8	Delectable Desserts	Darlene Przybyszewski, RD, LDN, CDE

All classes take place at Diabetes Institute from 4:00-5:00 pm. These are free for those with diabetes and a guest. This is an opportunity to share experience and learn something new to help with the management of your diabetes. Diabetes Standards of Care will be discussed at all meetings.
Please RSVP to Tammy Puckly at 814-877-2123.